

# Illness Policy (Updated EYFS September 2025)

**Policy Statement:** At Butterflies Nursery, we prioritise the health and well-being of all children in our care. This illness policy outlines our approach to preventing the spread of illnesses and maintaining a safe and healthy environment in alignment with EYFS 2025 guidance.

## Exclusion Criteria:

- Children exhibiting symptoms of illness will be temporarily excluded from the setting to reduce infection risk.
- We adhere to local health authority guidelines on exclusion criteria for common illnesses.

## Parental Communication:

- Parents or legal guardians will be immediately informed if their child becomes ill at the setting.
- Parents are required to arrange prompt collection of their ill child.

**Symptoms Requiring Exclusion:** Children must be excluded if they exhibit:

- Fever (temperature of 100.4°F or higher)
- Vomiting or diarrhoea (two or more episodes in 24 hours)
- Severe coughing or breathing difficulties
- Severe sore throat or difficulty swallowing
- Persistent or severe headache
- Rash accompanied by fever or behavioural changes
- Red, runny eyes with discharge
- Other symptoms deemed concerning by the childminder

## Return Criteria:

- Children may return after being symptom-free for at least 24 hours without fever-reducing medication.
- For communicable illnesses, a doctor's note confirming the child is no longer contagious will be required.

### **Proper Hand Hygiene:**

- Regular handwashing with soap and water (minimum 20 seconds) is encouraged for staff and children.
- Hand sanitizers with at least 60% alcohol will be accessible throughout the setting.

### **Cleaning and Sanitization:**

- Regular cleaning and sanitization routines are followed, focusing on frequently touched surfaces and toys.
- Bedding, clothing, and items used by ill children will be thoroughly cleaned and sanitized before reuse.

### **Health Records and Emergency Contacts:**

- Parents must provide current health records, including vaccinations and emergency contacts.
- Emergency contact details will be easily accessible at all times.

### **Medication Administration:**

- Medication administration follows strict guidelines and is conducted with written parental consent.
- All medications are securely stored and administered according to instructions and regulations.

### **Reporting Illness Outbreaks:**

- Suspected contagious illness outbreaks will be promptly reported to local health authorities.

### **Review and Monitoring:**

- This policy will be reviewed annually, or sooner if necessary, ensuring effectiveness and compliance with EYFS 2025 and local guidelines.
- Feedback from staff, parents, and external agencies will inform continuous policy improvement.

**Alignment with EYFS 2025 Changes:**

- This policy reflects the EYFS 2025 emphasis on robust health and hygiene standards, proactive illness prevention, and clear parental communication, ensuring children's welfare is consistently safeguarded.

Signed: Chrissie Day

Date: 2<sup>nd</sup> July, 2025